



Declaration of Freedom

I want you to write out your Declaration of Freedom statement, write out the offender's name in the space that has a (1) write out what they did in the space that has a (2) write your name in the place that has a (3)

“I will not carry the guilt, shame, condemnation, or fear for what (1) _____ did to me. I am free from the bondage (1)_____ held over me. I refuse to live in the shadows because (1)_____ (2)_____ me.”

“I am free of all the guilt, shame, condemnation, and fear (1)_____ held over me. I declare that it does not have a hold on me anymore. I did not cause it, and I refuse to carry it anymore!”

Speak any of the following that applies to what you are dealing with.

“I break off the spirit of fear and unbelief.”

“I break off the victim's spirit and the orphan's spirit that have taken me into bondage.”

“I break off all self-hate and condemnation I hold in my heart and mind.”

“I break off all the spiritual ties I have from being sexually involved with anyone who is not my spouse.”

“I break all unhealthy emotional ties with these people.”

Here is a place to add anything you feel needs to be added;

Believe – in your heart – that the curse is broken and you're free from the bondage.

I declare that I (3) _____ am set free from all bondage or stronghold that

(1) _____ had over me.

Don't skip this next step if you want to walk in freedom. Invite the Holy Spirit of God to come and fill every part of your heart and mind. Ask Him to come and complete the cleansing of your soul, and then invite Him to fill every part of your being. Here's a sample prayer; speak it out loud if you can.

“Holy Spirit, I invite You to come and fill every empty place in my heart and soul. I ask You to search me and show me any place that is unclean. Help me to see anything that still needs to be broken. I ask You to search my heart and soul and restore everything that is missing. I ask You to repair everything broken and stand upright anything that has fallen. Wash me, cleanse me, and make me pure.”

“I ask You to give me the wisdom to know the next steps to take in my renewed life. I ask You to dwell in me and to show me the truth. I ask You to show me who I really am.”

Now, be very aware of what you feel; do you feel completely free of the feelings of oppression and heaviness? If you don't feel free, repeat this step as many times as you need – until you feel a sense of freedom.

Now, this is part of your past; it no longer has a hold upon you anymore. You're free! You're released from all responsibility for the wrongful actions of your father – no matter what. You never did anything to deserve any kind of abuse.

You are free to live your life, I bless you to go and be you, be free!

Papa Ray